

BISHOPS PREP



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GRADE 7 KWAZULU NATAL TOUR

On 13 June, the excited, boisterous Bishops Grade 7 boys, and a few extremely brave teachers, landed in Durban. This was the beginning of an amazing tour that would end ten days later.

The boys revealed their talents in the areas of sport and music when we visited our three host schools. Playing rugby, hockey, chess, tennis and squash, they all had a chance to give their all. Making new friends on the sports field and throwing themselves into the action, the boys excelled in their various sports. With the enthusiastic Mr Scott at the head, the music boys gave us an impressive display of musical entertainment with trombones, trumpets and drums - only a few examples of the many instruments.

The trip wasn't only about sport and music. We also visited places like Isandlwana, Ushaka Marine World and the KZN Sharks Board. Dissecting a shark can be a messy, but exciting, business, as the boys found out. There were those fortunate enough to be watching, but some had to help. Funnily enough those in the audience were more affected than the boys helping with the shark; with a person emptying his stomach into the plants! At Isandlwana we went to the cave on the koppie and looked down on the battlefield of the loss of the English to the Zulus. I might be wrong, but I think

Mr Mitchell thought it was Christmas. We enjoyed viewing fish and turtles in the aquarium deep inside a ship at Ushaka Marine World. As you can imagine most of the boys' favourite outing was to the Wet & Wild water slides. This was a great way to let them just enjoy being with their friends. The teachers had as much fun as the boys!

As a change of scenery from schools was needed, we went and stayed at some very interesting places with Sugar Bay and Shakaland being the boys' favourites. On the way to Shakaland we went past the Nkandla sign, but the house and fire pool were not in sight. At Shakaland we saw some amazing Zulu dancing and discovered the bitter taste of Zulu beer. The following day some of the boys tried stick fighting and spear throwing. Then came Sugar Bay Adventure Camp. For many this was the best part of the tour. There was the beach and lagoon and many fun activities to occupy the boys. There were cool, young counsellors who looked after us and gave the teachers a well-deserved break. The food was also fantastic, probably the best we had during the whole tour.

We will never forget our wonderful tour and just like the teachers learning to dab, we all learnt something on this awesome adventure.

Daniel Holgate







PREPARATORY SPORT



CHESS

This year the chess league was divided into two sections, an A section and B section. This meant that I could enter three teams. The 1st and 2nd teams were placed into the A section and, for the first time, the 3rd team into the B section. The 1st team has had a wonderful start to 2016. The B side has found the league tough at times,

but I'm sure this will develop their chess for future years. Many of these boys will one day be carry the flag for Bishops as 1st team players. The 3rd team has continued to grow and has had some outstanding wins. The 1st team are laying in a perfect spot to challenge for the league win. I'm sure with some consistency we can pull it off.

1st	Scores	2nd	Scores	3rd	Scores
Kirstenhof Primary	D 3-3	SACS	W 5-1	Groote Schuur Primary	L 2-4
WBJS	W 6-0	WPPS	W 3.5 to 2.5	Kirstenhof Primary	W 4-2
Herzlia Constantia	W 6-0	Reddam	L 1-5	Muizenberg	L 2-4
Internal Match	W 5-1	Inter-School	L 1-5	Fish Hoek	W 4-2
Fish Hoek	D 3-3	WBJS	D 3-3	St Anne's	W 4-2
				Wynberg	Won

CROSS COUNTRY



Matthew Tripe leading by example

At the beginning of the season for 2016, the Prep team had great pleasure in welcoming the U9 runners to the team. We started the season with two practice sessions, targeting the conditioning for the season ahead, in which the boys learned about running posture, rhythmic breathing and the psychological strength of finishing the race in a competitive position while having fun. It was clear from our first race, at the American International School of Cape Town, that we had talented runners, from the U9 to U13. I could not be more proud to be their coach as the performances in the next two races, at Heathfield Primary School and at Keurboom Park, displayed a good set of lungs, the willingness to get muddy and, more importantly, the boys' commitment to developing their running skills. Well done to all



Ben MacFarlane on the run



Jack Breslin giving of his best



Rowan Piorkowski and Conor Day in the lead

the boys on a great first half of the season, and Term 3 will be a great platform to unearth the full potential that they have in this sport.

U13: Matthew Tripe, Oliver Kennedy-Smith, Matthew Byron, Gabriel Dyssell-Höfing, Thomas Newton, Seth Nieburg.

U12: Oliver Carey, Ben MacFarlane. **U11:** Michael Kruse, Jacob Phillips, Andrew Kleye,

Liam Day. **U10:** Lucca Maynhardt, Carwyn Davies, Thomas Ludlam, Adam Constant, Sebastian Jack, Thamsanqa Siko, Thomas Welsh, Zachary Anderson. **U9:** Conor Day, Noah Edmunds, Jean de Villiers, Rowan Piorkowski, Jack Breslin, Ryan Voigt, Benjamin Watt.

TLG Siko

HOCKEY

HOCKEY vs Reddam, SACS, Rondebosch & Curro Hillcrest
19, 20 & 21 April 2016

Under 13A	Reddam	<i>Won</i>	2-0
Under 13A	Curro Hillcrest	<i>Won</i>	4-0
Under 13B	Reddam	<i>Won</i>	3-2
Under 13C	Reddam	<i>Won</i>	4-0
Under 13D	Rondebosch	<i>Won</i>	5-1
Under 12A	Reddam	<i>Won</i>	7-1
Under 12B	Reddam	<i>Lost</i>	1-3
Under 12C	Reddam	<i>Won</i>	2-0
Under 12D	SACS	<i>Won</i>	7-1
Under 12E	SACS	<i>Drew</i>	0-0
Under 11A	Reddam	<i>Won</i>	4-1
Under 11B	Reddam	<i>Won</i>	4-0
Under 11C	SACS	<i>Won</i>	6-0
Under 11D	Reddam	<i>Lost</i>	2-3
Under 10A	Reddam	<i>Won</i>	4-1
Under 10B	Reddam	<i>Won</i>	6-0
Under 10C	Reddam	<i>Won</i>	4-1
Under 10D	SACS	<i>Won</i>	8-0
Under 10E	SACS	<i>Lost</i>	1-9
Played: 19	<i>Won: 15</i>	<i>Drew: 1</i>	<i>Lost: 3</i>

HOCKEY vs SACS & Rondebosch
4 & 5 May 2016

Under 13A	SACS	<i>Won</i>	6-0
Under 13B	SACS	<i>Drew</i>	1-1
Under 13C	SACS	<i>Won</i>	4-0
Under 13D	SACS	<i>Drew</i>	2-2
Under 12A	SACS	<i>Won</i>	3-0
Under 12B	SACS	<i>Won</i>	4-2
Under 12C	SACS	<i>Won</i>	4-0
Under 12D	SACS	<i>Won</i>	1-0
Under 12E	Rondebosch	<i>Drew</i>	5-5
Under 11A	SACS	<i>Lost</i>	1-3

Under 11B	SACS	<i>Won</i>	2-0
Under 11C	SACS	<i>Won</i>	2-0
Under 11D	Rondebosch	<i>Drew</i>	0-0
Under 10A	SACS	<i>Won</i>	5-2
Under 10B	SACS	<i>Drew</i>	1-1
Under 10C	SACS	<i>Drew</i>	2-2
Under 10D	SACS	<i>Lost</i>	4-0
Under 10E	SACS	<i>Lost</i>	1-3
Played: 18	<i>Won: 9</i>	<i>Drew: 6</i>	<i>Lost: 3</i>

HOCKEY vs Rondebosch

11 & 12 May 2016

Under 13A	Rondebosch	<i>Won</i>	1-0
Under 13B	Rondebosch	<i>Lost</i>	0-1
Under 13C	Rondebosch	<i>Drew</i>	0-0
Under 13D	Rondebosch	<i>Won</i>	3-0
Under 12A	Rondebosch	<i>Won</i>	4-1
Under 12B	Rondebosch	<i>Won</i>	3-1
Under 12C	Rondebosch	<i>Lost</i>	0-3
Under 12D	Rondebosch	<i>Won</i>	7-0
Under 12E	Rondebosch	<i>Won</i>	7-1
Under 11A	Rondebosch	<i>Lost</i>	0-1
Under 11B	Rondebosch	<i>Won</i>	5-1
Under 11C	Rondebosch	<i>Won</i>	4-1
Under 11D	Rondebosch	<i>Lost</i>	0-2
Under 10A	Rondebosch	<i>Won</i>	6-2
Under 10B	Rondebosch	<i>Won</i>	6-0
Under 10C	Rondebosch	<i>Lost</i>	2-3
Under 10D	Rondebosch	<i>Lost</i>	1-4
Under 10E	Rondebosch	<i>Lost</i>	1-7
Played: 18	<i>Won: 10</i>	<i>Drew: 1</i>	<i>Lost: 7</i>

HOCKEY vs Sweet Valley & Eikestad

17, 18, 19 & 20 May 2016

Under 13A	Sweet Valley	<i>Won</i>	2-0
Under 13A	Eikestad	<i>Won</i>	6-2
Under 13B	Sweet Valley	<i>Drew</i>	1-1

Under 13B	Eikestad	<i>Drew</i>	1-1
Under 13C	Sweet Valley	<i>Won</i>	2-1
Under 13C	Eikestad	<i>Won</i>	9-0
Under 13D	Sweet Valley	<i>Drew</i>	0-0
Under 13D	Eikestad	<i>Drew</i>	1-1
Under 12A	Sweet Valley	<i>Lost</i>	2-3
Under 12B	Sweet Valley	<i>Won</i>	1-0
Under 12C	Sweet Valley	<i>Won</i>	1-0
Under 12D	Sweet Valley	<i>Won</i>	6-0
Under 11A	Sweet Valley	<i>Won</i>	3-0
Under 11A	Eikestad	<i>Won</i>	3-0
Under 11B	Sweet Valley	<i>Won</i>	4-0
Under 11B	Eikestad	<i>Won</i>	7-0
Under 11C	Sweet Valley	<i>Won</i>	5-0
Under 11D	Sweet Vally	<i>Won</i>	6-0
Under 10A	Sweet Valley	<i>Won</i>	6-3
Under 10A	Eikestad	<i>Won</i>	7-0
Under 10B	Sweet Valley	<i>Won</i>	4-1
Under 10B	Eikestad	<i>Won</i>	7-0
Under 10C	Sweet Valley	<i>Won</i>	3-2
Under 10D	Sweet Valley	<i>Lost</i>	1-2
Under 10E	Sweet Valley	<i>Lost</i>	1-4
Played: 25	<i>Won: 18</i>	<i>Drew: 4</i>	<i>Lost: 3</i>

HOCKEY vs WPPS & Wynberg

23, 24, 25 & 26 May 2016

Under 13A	WPPS	<i>Lost</i>	2-3
Under 13B	WPPS	<i>Lost</i>	0-1
Under 13C	WPPS	<i>Won</i>	4-0
Under 12A	WPPS	<i>Won</i>	3-1
Under 12B	WPPS	<i>Drew</i>	2-2
Under 12C	WPPS	<i>Won</i>	1-0
Under 12D	WPPS	<i>Won</i>	4-1
Under 12E	Wynberg	<i>Won</i>	3-1
Under 11A	WPPS	<i>Won</i>	2-0
Under 11B	WPPS	<i>Won</i>	3-1
Under 11C	WPPS	<i>Lost</i>	1-2
Under 11D	WPPS	<i>Lost</i>	0-1

Under 10A	WPPS	<i>Lost</i>	3-4
Under 10B	WPPS	<i>Won</i>	5-2
Under 10C	WPPS	<i>Won</i>	3-2
Under 10D	WPPS	<i>Lost</i>	3-0
Under 10E	WPPS	<i>Lost</i>	1-2
Played: 17	<i>Won: 9</i>	<i>Draw: 1</i>	<i>Lost: 7</i>

HOCKEY vs WPPS & Wynberg
1 & 2 June 2016

Under 13A	Wynberg	<i>Draw</i>	2-2
Under 13B	Wynberg	<i>Won</i>	4-0
Under 13C	Wynberg	<i>Won</i>	3-1
Under 13D	Wynberg	<i>Draw</i>	3-3
Under 12A	Wynberg	<i>Draw</i>	3-3
Under 12B	Wynberg	<i>Lost</i>	0-1
Under 12C	Wynberg	<i>Won</i>	2-0
Under 12D	Wynberg	<i>Won</i>	4-0
Under 12E	Wynberg	<i>Draw</i>	1-1
Under 11A	Wynberg	<i>Won</i>	2-0
Under 11B	Wynberg	<i>Won</i>	4-0
Under 11C	Wynberg	<i>Won</i>	3-0
Under 11D	Wynberg	<i>Lost</i>	0-1
Under 10A	Wynberg	<i>Won</i>	7-0
Under 10B	Wynberg	<i>Won</i>	7-1
Under 10C	Wynberg	<i>Won</i>	6-1
Under 10D	Wynberg	<i>Won</i>	3-1
Played: 17	<i>Won: 11</i>	<i>Draw: 4</i>	<i>Lost: 2</i>

HOCKEY vs Sun Valley, Langa HC & St George's
7, 8 & 9 June 2016

Under 13A	Sun Valley	<i>Won</i>	14-0
Under 13B	Langa HC	<i>Lost</i>	2-7
Under 13C	St George's	<i>Won</i>	2-1
Under 12A	Sun Valley	<i>Won</i>	12-1
Under 12B	Langa HC	<i>Won</i>	4-2
Under 12C	Sun Valley	<i>Draw</i>	0-0
Under 11A	Sun Valley	<i>Won</i>	7-0

Under 11B	Langa HC	<i>Won</i>	1-0
Under 11C	St George's	<i>Won</i>	10-0
Under 10A	Sun Valley	<i>Won</i>	9-2
Under 10B	Langa HC	<i>Won</i>	14-0
Under 10C	Sun Valley	<i>Won</i>	7-2
Under 10E	SACS	<i>Lost</i>	4-5
Played: 13	<i>Won: 10</i>	<i>Drew: 1</i>	<i>Lost: 2</i>

HOCKEY RESULTS KZN TOUR

June 2016

Under 13A	KZN U13B	<i>Lost</i>	1-4
Under 13A	St Charles'	<i>Won</i>	1-0
Under 13A	Clifton	<i>Won</i>	4-0
Under 13A	Glenwood	<i>Won</i>	5-0
Under 13B	Ashton	<i>Lost</i>	0-3
Under 13B	St Charles'	<i>Drew</i>	0-0
Under 13B	Glenwood	<i>Won</i>	1-0
Under 13C	Ashton	<i>Lost</i>	0-4
Under 13C	St Charles'	<i>Drew</i>	0-0
Under 13C	Glenwood	<i>Won</i>	2-0
Under 13D	St Charles'	<i>Lost</i>	0-3
Under 13D	Glenwood	<i>Won</i>	3-0
Played: 12	<i>Won: 6</i>	<i>Drew: 2</i>	<i>Lost: 4</i>

Hockey at the Prep has enjoyed a fine term. We are fortunate to have included a fifth team in the U11 and U12 age groups, while the numbers within the Grade 7 group are up from previous years. Many boys enjoy the opportunity to play both rugby and hockey and we feel that it has huge benefits for both codes.

If you have to look purely at our results, it is obvious to see that Bishops Prep continues to be a force to be reckoned with, within the Southern Suburbs League and beyond. The boys enjoy a good grounding on a world-class

surface. Our head coaches across each age group are aware of the game plan and skills that have been cemented in our structures over a number of years now. This common thread is developed at each age group and across all ability levels. The understanding by our coaches of our vision for Bishops Hockey across the age groups is most definitely the key to our continued success. Sustained continuity also helps the boys from a team perspective to gel very quickly from year to year. Our boys are encouraged to play free flowing, skilful hockey within a well-organised defensive and



Solomzi Tshiki breaking away



Seb Panieri on the move



Dan Neuhoff heading towards goal



Josh Lander taking on the opposition



Andrew Betty beating his opponent



Dylan Redding in control

attacking structure. Individual flair and the acquisition of intricate skills are celebrated and promoted within a solid team environment. The following boys must be congratulated on being selected for various representative teams: **Imad Khan**, Western Province Under

13 A, Captain; **Josh Lander** and **Johnny Fisher**, Zonal B Team; **Rowan Howard**, **Adam Clarke** and **Clayton Warner**, Zonal C Team. Next quarter should prove to be another exciting term of hockey.
Murray Anderson

RUGBY

BISHOPS PREP VS WPPS

16 April 2016

Under 13A	WPPS	<i>Lost</i>	
Under 13B	WPPS	<i>Won</i>	
Under 13C	WPPS	<i>Won</i>	
Under 12A	WPPS	<i>Lost</i>	
Under 12B	WPPS	<i>Lost</i>	
Under 12C	WPPS	<i>Lost</i>	
Under 11A	WPPS	<i>Won</i>	48-12
Under 11B	WPPS	<i>Won</i>	
Under 11C	WPPS	<i>Lost</i>	
Under 10A	WPPS	<i>Lost</i>	22-25
Under 10B	WPPS	<i>Won</i>	55-10
Under 9A	WPPS	<i>Drew</i>	10-10
Under 9B	WPPS	<i>Lost</i>	10-15
Under 9C	WPPS	<i>Lost</i>	10-15
Played: 14	<i>Won: 5</i>	<i>Drew: 1</i>	<i>Lost: 8</i>

BISHOPS PREP VS SWEET VALLEY, REDDAM & VUSA

23 April 2016

Under 13A	Sweet Valley	<i>Won</i>	46-0
Under 13B	Reddam A	<i>Lost</i>	0-17
Under 13C	Sweet Valley B	<i>Lost</i>	12-22
Under 12A	Vusa Academy	<i>Won</i>	17-14
Under 12B	Sweet Valley A	<i>Lost</i>	0-35
Under 12C	Vusa Academy	<i>Lost</i>	5-38
Under 11A	Sweet Valley	<i>Won</i>	36-5
Under 11B	Reddam A	<i>Lost</i>	12-42
Under 11C	Sweet Valley B	<i>Lost</i>	17-22
Under 10A	Sweet Valley	<i>Won</i>	26-0
Under 10B	Reddam A	<i>Lost</i>	5-28
Under 10C	Sweet Valley B	<i>Lost</i>	5-45
Under 9A	Sweet Valley	<i>Won</i>	25-0
Under 9B	Reddam A	<i>Lost</i>	10-20
Under 9C	Sweet Valley B	<i>Won</i>	20-15

Under 9D	Reddam B	<i>Won</i>	35-20
Under 9E	Sweet Valley C	<i>Lost</i>	10-35
Played: 17	<i>Won: 7</i>	<i>Drew: 0</i>	<i>Lost: 10</i>

BISHOPS PREP VS PAARL BOYS

25 & 26 April 2016

Under 13A	Paarl Boys 13A	<i>Lost</i>	0-54
Under 13B	Paarl Boys 13B	<i>Lost</i>	5-27
Under 13C	Paarl Boys 13D	<i>Drew</i>	0-0
Under 13D	Paarl Boys 13F	<i>Won</i>	40-10
Under 12A	Paarl Boys 13C	<i>Won</i>	15-3
Under 12B	Paarl Boys 13E	<i>Lost</i>	5-19
Under 12C	Paarl Boys 13G	<i>Won</i>	32-5
Under 11A	Paarl Boys	<i>Lost</i>	0-17
Under 11B	Paarl Boys	<i>Lost</i>	0-26
Under 11C	Paarl Boys	<i>Won</i>	37-12
Under 10A	Paarl Boys	<i>Lost</i>	7-15
Under 10B	Paarl Boys	<i>Lost</i>	12-28
Under 10C	Paarl Boys	<i>Lost</i>	0-45
Under 9A	Paarl Boys	<i>Lost</i>	0-25
Under 9B	Paarl Boys	<i>Drew</i>	10-10
Under 9C	Paarl Boys	<i>Lost</i>	0-30
Under 9D	Paarl Boys	<i>Lost</i>	15-30
Played: 17	<i>Won: 4</i>	<i>Drew: 2</i>	<i>Lost: 11</i>

BISHOPS PREP VS SACS

7 May 2016

Under 13A	SACS	<i>Lost</i>	17-2
Under 13B	SACS	<i>Won</i>	30-0
Under 13C	SACS	<i>Won</i>	10-0
Under 13D	SACS	<i>Won</i>	24-10
Under 12A	SACS	<i>Won</i>	22-0
Under 12B	SACS	<i>Lost</i>	10-25
Under 12C	SACS	<i>Lost</i>	10-36
Under 11A	SACS	<i>Lost</i>	7-10
Under 11B	SACS	<i>Lost</i>	24-32
Under 11C	SACS	<i>Lost</i>	0-48

Under 11D	SACS	<i>Lost</i>	12-34
Under 10A	SACS	<i>Lost</i>	0-45
Under 10B	SACS	<i>Lost</i>	0-38
Under 10C	SACS	<i>Lost</i>	0-62
Under 9A	SACS	<i>Drew</i>	10-10
Under 9B	SACS	<i>Won</i>	20-15
Under 9C	SACS	<i>Lost</i>	10-20
Under 9D	SACS	<i>Drew</i>	15-15
Under 9E	SACS	<i>Lost</i>	0-25
Played: 19	<i>Won: 5</i>	<i>Drew: 2</i>	<i>Lost: 12</i>

BISHOPS PREP VS PRIMROSE

14 May 2016

Under 13A	Primrose	<i>Drew</i>	10-10
Under 13B	Primrose	<i>Won</i>	12-5
Under 13C	Primrose	<i>Won</i>	10-5
Under 12A	Primrose	<i>Won</i>	12-0
Under 12B	Primrose	<i>Won</i>	12-10
Under 12C	Primrose	<i>Lost</i>	0-12
Under 11A	Primrose	<i>Won</i>	27-5
Under 11B	Primrose	<i>Drew</i>	7-7
Under 11C	Primrose	<i>Won</i>	21-0
Under 10A	Primrose	<i>Won</i>	52-0
Under 10B	Primrose	<i>Won</i>	27-12
Under 10C	Primrose	<i>Drew</i>	17-17
Under 9A	Primrose	<i>Won</i>	35-10
Under 9B	Primrose	<i>Won</i>	30-15
Under 9C	Primrose	<i>Lost</i>	15-20
Played: 15	<i>Won: 10</i>	<i>Drew: 3</i>	<i>Lost: 2</i>

BISHOPS PREP VS EIKESTAD, KIRSTENHOF

21 May 2016

Under 13A	Eikestad	<i>Lost</i>	5-47
Under 13B	Kirstenhof A	<i>Won</i>	19-5
Under 13C	Eikestad	<i>Won</i>	29-14
Under 12A	Eikestad 13B	<i>Lost</i>	5-17

Under 12B	Kirstenhof A	<i>Lost</i>	15-35
Under 12C	Kirstenhof B	<i>Lost</i>	17-35
Under 11A	Eikestad	<i>Lost</i>	10-17
Under 10A	Eikestad	<i>Lost</i>	7-14
Under 10B	Eikestad	<i>Won</i>	35-12
Under 9A	Eikestad	<i>Lost</i>	0-10
Under 9B	Eikestad	<i>Won</i>	50-10
Played: 11	<i>Won: 4</i>	<i>Drew: 0</i>	<i>Lost</i>

BISHOPS PREP RESULTS VS VARIOUS

28 May 2016

Under 13A	Union High	<i>Drew</i>	12-12
Under 13A	Niko Brummer	<i>Won</i>	24-0
Under 13B	Collegians	<i>Won</i>	24-5
Under 13C	Vusa Academy	<i>Lost</i>	0-35
Under 13D	Vusa Academy	<i>Lost</i>	10-20
Under 12A	Collegians	<i>Won</i>	37-0
Under 12B	Vusa Academy	<i>Lost</i>	14-19
Under 12C	SACS	<i>Won</i>	24-10
Under 11A	Collegians	<i>Won</i>	50-0
Under 11B	Union High	<i>Drew</i>	10-10
Under 11B	Niko Brummer	<i>Lost</i>	10-12
Under 11C	Masiphumelele	<i>Drew</i>	17-17
Under 10A	Collegians	<i>Won</i>	42-0
Under 10B	Masiphumelele	<i>Won</i>	38-0
Under 10C	SACS	<i>Lost</i>	12-26
Under 9A	Collegians	<i>Won</i>	55-0
Under 9B	Collegians	<i>Won</i>	40-5
Played: 17	<i>Won: 9</i>	<i>Drew: 3</i>	<i>Lost</i>

BISHOPS PREP VS WYNBERG

4 June 2016

Under 13A	Wynberg	<i>Lost</i>	7-17
Under 13B	Wynberg	<i>Lost</i>	5-19
Under 13C	Wynberg	<i>Lost</i>	5-25

Under 12A	Wynberg	<i>Lost</i>	21-33
Under 12B	Wynberg	<i>Lost</i>	12-19
Under 12C	Wynberg	<i>Lost</i>	0-45
Under 11A	Wynberg	<i>Won</i>	29-5
Under 11B	Wynberg	<i>Won</i>	40-0
Under 11C	Wynberg	<i>Won</i>	27-0
Under 10A	Wynberg	<i>Won</i>	14-7
Under 10B	Wynberg	<i>Lost</i>	14-17
Under 10C	Wynberg	<i>Lost</i>	5-15
Under 9A	Wynberg	<i>Won</i>	20-5
Under 9B	Wynberg	<i>Lost</i>	15-25
Under 9C	Wynberg	<i>Won</i>	15-10
Under 9D	Wynberg	<i>Lost</i>	20-35
Under 9E	SACS	<i>Drew</i>	25-25
Played: 17	Won: 6	Drew: 1	Lost: 10

BISHOPS PREP VS RONDEBOSCH

9 & 11 June 2016

Under 13A	Rondebosch	<i>Lost</i>	12-24
Under 13B	Rondebosch	<i>Won</i>	12-10
Under 13C	Rondebosch	<i>Won</i>	22-12
Under 13D	Rondebosch	<i>Lost</i>	26-39
Under 12A	Rondebosch	<i>Lost</i>	22-42
Under 12B	Rondebosch	<i>Lost</i>	17-19
Under 12C	Rondebosch	<i>Won</i>	27-22
Under 11A	Rondebosch	<i>Lost</i>	20-21
Under 11B	Rondebosch	<i>Lost</i>	0-45
Under 11C	Rondebosch	<i>Lost</i>	5-27
Under 10A	Rondebosch	<i>Lost</i>	19-26
Under 10B	Rondebosch	<i>Lost</i>	10-28
Under 10C	Rondebosch	<i>Lost</i>	12-37
Under 9A	Rondebosch	<i>Lost</i>	10-35
Under 9B	Rondebosch	<i>Lost</i>	20-40
Under 9C	Rondebosch	<i>Lost</i>	15-20
Under 9D	Rondebosch	<i>Lost</i>	0-35
Under 9E	Rondebosch	<i>Won</i>	30-25
Played: 18	Won: 4	Drew: 0	Lost: 14

BISHOPS PREP VS KIRSTENHOF**14 June 2016**

Under 9A	Kirstenhof	<i>Won</i>	15-0
Under 9B	Kirstenhof	<i>Won</i>	20-5
Under 9C	Kirstenhof	<i>Won</i>	20-5
Played: 3	Won: 3	Drew: 0	Lost: 0

BISHOPS PREP KZN TOUR RESULTS**12, 23 June 2016**

Under 13A	Merchiston	<i>Won</i>	14-12
Under 13A	Westville	<i>Lost</i>	5-8
Under 13A	Trinityhouse	<i>Lost</i>	12-22
Under 13A	St Charles'	<i>Lost</i>	5-12
Under 13A	Glenwood	<i>Lost</i>	12-47
Under 13B	Chelsea	<i>Won</i>	21-14
Under 13B	St Charles'	<i>Won</i>	35-0
Under 13B	Glenwood	<i>Lost</i>	10-19
Under 13C	Chelsea	<i>Won</i>	24-0
Under 13C	St Charles'	<i>Won</i>	17-3
Under 13C	Glenwood	<i>Won</i>	15-0
Under 13D	St Charles'	<i>Lost</i>	5-7
Under 13D	Glenwood	<i>Won</i>	15-10
Played: 13	Won: 7	Drew: 0	Lost: 6

The season started off with all our coaches attending a full day *World Rugby Level 1* coaching course. This course has now become mandatory for all rugby coaches. The course outlined the importance of the game, highlighted safety issues and good coaching protocol. All our coaches found it very worthwhile. The season kicked off with the annual Skeeles 7s; this was a resounding success and was enjoyed by all. We had the VUSA Rugby Academy boys take part for the first time. Our league games have all been played in an excellent spirit with

**Ben Koenig on the charge**



Cole Crawford with great support



Dylan Krause heading for the tryline



Xhanti Ngxangane moving at pace



Jonny Fisher looking to pass

our boys enjoying themselves. Whilst the results have not always been in our favour, our boys have given of their best! Rugby has become 'semi-professional' at primary school with pre-season training starting in February, pre-season tours, and players being offered scholarships. These factors have

made positive results hard to come by. We need to remain true to our school ethos and ensure that we offer an all-round education to our boys, maintaining the balance between academics, culture and sport. A comprehensive report will follow in term 4.

Brendan Fogarty



VUSA RUGBY TRAINING

BISHOPS DIOCESAN COLLEGE

ACADEMIC & RUGBY COMMUNITY OUTREACH PROGRAM

VUSA - AWAKEN



‘An opportunity through sport’

VUSA is the isiXhosa word for awaken.

We hope to awaken our boys’ talents and to introduce them to the endless opportunities that exist in the world.

The VUSA programme has enjoyed a very busy and successful start to the 2016 season. Our boys, all residents of the Langa and Khayalitsha communities, have been bussed to Bishops three times a week for rugby coaching and Maths and English lessons.

They participated in the Skeeles 7s for the first time this year, a wonderful experience for them and the local southern suburbs schools. They have played a number of games against Bishops U12 and U13 teams, Fish Hoek and Durbanville Primary. They acquitted themselves brilliantly playing a fast-paced, high-skilled game and winning some of these games.

The programme is sponsored by Calulo Shipping (founding partner) and Investec Asset Management (official sponsor). These funds allow us to run the daily programme

(meals, teaching, coaching and transport) and create experiences for the boys. We have been fortunate to attend Stormers games where the boys have met their heroes, Scarra Ntubeni, Siya Kolisi and Sakumbuso Notshe, a former member of the VUSA Academy. The boys got to train with the Fijian 7s team during the World 7s series in Cape Town. The highlight of the season thus far was their attending the Springbok/ Ireland game, a moving experience watching and hearing them sing the national anthem!

We have recently introduced a physical literacy programme at the Dalikhanyo Crèche. This entails coaches from the community running daily programmes that involve whole body movement, gross motor skills and ball skills. These sessions are a highlight for the children.

We are now working on enhancing the Rugby Club Busy Bees, which have youth teams that play in the WP primary schools league. This will then allow a natural conduit for rugby playing boys to continue playing at the next age groups. Our goal is



to have a Langa Team playing in the WP Super A league. This would be a massive boost to rugby in the Langa community.

There are a number of opportunities that exist for any individuals or companies that

may wish to get involved. Please contact bfogarty@bishops.org.za should you have any queries or visit our website www.vusarugbyacademy.co.za.

Brendan Fogarty

SQUASH

Our six teams had good results in the leagues this term. Our top performing teams were our 'Amazing A', 'Excellent

E' and 'Fabulous F' teams which were unbeaten in their leagues respectively. **Matthew Reid** made our Provincial A team in the U13 age group and did

superbly in the Inter Provincial tournament in the holidays, winning a bronze medal and securing a national ranking of third in SA. **James Bull, Aidan Nortje** and **Armaan Trikam** all made the B team that won the gold medal at the national

tournament. **Matthew Bull** made the D team that ended a creditable 8th. **Dylan de Groot, James Morkel** and **Anthony Smith** all earned their Provincial Colours in the U11 national tournament. Well done to all these boys.

BISHOPS PREP SQUASH RESULTS

DATE	A League	B League	C League	D League	E League	F League
15 April	Sweet Valley A	Sun Valley A	Bishops D	Bishops C	Beaumont B	St Georges B
	Bishops won 12-0	Lost 1-8	Bishops won 5-4	Lost 4-5	Bishops won 6-2	Bishops won w/o
22 April	Bishops B	Bishops A	RBPS B	Reddam A	St Georges A	RBPS D
	Bishops won 12-0	Lost 0-12	Bishops won 12-0	Bishops won 11-1	Bishops won w/o	Bishops won 12-0
6 May	Fish Hoek A	bye	WPPS C	Sweet Valley C	WPPS D	Villagers B
	Bishops won 11-3		Bishops won 12-0	Bishops won 11-1	Bishops won 12-0	Bishops won 12-0
13 May	SACS A	RBPS A	Sweet Valley C	SACS C	Sweet Valley D	Kirstenhof B
	Bishops won 12-0	Lost 0-12	Bishops won 11-1	Bishops won 12-0	Bishops won 11-1	Bishops won w/o
20 May	RBPS A	Fish Hoek A	Wynberg A	WPPS C	bye	Wynberg B
	Bishops won 8-7	Bishops won w/o	Lost 4-8	Bishops won 12-0		Bishops won 11-1
27 May	Sun Valley A	SACS A	Fish Hoek B	Sun Valley B	Villagers A	bye
	Bishops won 11-4	Bishops won 6-4	Lost 6-7	Bishops won 8-0	Bishops won 12-0	
	P6 W6	P5 W2 L3	P6 W4 L2	P6 W5 L1	P5 W5	P5 W5