



**BISHOPS**  
DIOCESAN COLLEGE

*inspires individuals*

**An Anglican Boys' School, rooted in Africa,  
providing a holistic and relevant education in  
a nurturing, and transforming environment.  
We are committed to developing men of  
principle and compassion.**

## **Strength and Conditioning Coach**

### **Bishops Pre-Prep, Prep, and College**

The Strength and Conditioning coach will form part of the Bishops Sports Performance and Wellness (SPW) programme and will assist the Biokinetics.

The Strength and Conditioning duties include both gym-based and field-based training.

**The position is effective from January 2022.**

#### **The successful candidate will:**

- Manage the school main gym and be responsible for the upkeep, inventory, and ordering of gym equipment.
- Assist in developing, coordinating, and implementing strength, and conditioning programmes for Bishops Pre-Prep, Prep, and College
- Interact and correspond with coaches about the strength and conditioning programmes for their teams
- Conduct sports specific testing
- Head up all sports science classes- Including planning, scheduling, data capturing, and analysing of data

#### **Skills**

- Excellent verbal and written communication skills
- Excellent computer skills (MS Word, Excel, PowerPoint, and Outlook)
- Excellent interpersonal skills
- The ability to work effectively as part of a multi-disciplinary team, as well as independently
- Strong admin skills and excellent time management skills
- The ability to accurately measure and monitor essential physical components with student-athletes

## Minimum Job Requirements

- A relevant degree or advanced qualification in Strength and Conditioning.
- One to two years' experience operating in a similar position

**Interested applicants should email a short CV with a covering letter and details of three references to Chris Ekron on [cekron@bishops.org.za](mailto:cekron@bishops.org.za) by 10 September 2021. Please use the reference *Strength and Conditioning Coach* in the subject line.**

**Only short-listed contacts will be contacted by 15 September 2021.**

**[www.bishops.org.za](http://www.bishops.org.za)**

Bishops, in line with POPIA (Protection of Personal Information Act) will attempt to ensure the confidentiality of all applicants for this role. All reasonable measures will be in place to protect personal information but will be used in the recruitment, selection, and reporting process. By submitting your application for this position, you are recognising and accepting this disclaimer

*Bishops is committed to transformation. In accordance with our Employment Equity Plan, preference shall be given, but not limited to, candidates from the designated groups.*