



## Confidentiality Policy

### *PREAMBLE:*

At the Bishops Support Unit, dealing with dramatic and earth-shattering revelations is the exception — most counselling revolves around feelings, perceptions and inter-personal relationships. In these cases, confidentiality is all important because for a Counsellor to violate the trust of a student who has come to him or her with feelings of guilt, inferiority, vulnerability or shame is inexcusable. Trust is the basis of the counselling relationship and should, under these circumstances, be preserved.

### THE POLICY STATEMENT:

The school recognizes that confidentiality and trust are the basis of a counselling relationship and should, as a rule, be protected. However, the School Psychologists work with the delegated authority of the Principal who is ultimately responsible for the welfare of the students in the school. As such, in certain rare and severe situations (as outlined below), it may be necessary for the Psychologist(s) to pass on information to the Principal, who in turn should respect confidentiality and the best interests of the student.

It is the responsibility of the Psychologist to inform the Principal when a student has revealed to him and he has verified (as far as possible) that (1) conditions exist which may harm individuals for whom the school is responsible, or (2) students within the school are involved in illegal activity.

Information should be passed on to the Principal (and no one else without the Principal's permission) in an ethical way. This should always be done in such a way that the student is protected as much as is possible. The Psychologist should always attempt to gain the permission of the student before passing on the information to the Principal but must use his or her judgment as to whether that permission is necessary.

### GUIDELINES ON CONFIDENTIALITY FOR STAFF

You may receive information about a student in one of two ways:

1. A Counsellor, House Director or Tutor may provide you with confidential information about a student because it is felt that it is necessary for you to have access to that information so that you can perform your normal duties more effectively.
2. A boy or his family may provide you with confidential information about a situation or set of circumstances.

Both types of information are to be treated sensitively, in accordance with the guidelines laid out below.

In the case of (1) above:

- a. You should not discuss this information with any other member of staff or other students, unless you are specifically asked to.
- b. Under no circumstances should the situation be discussed, or the information shared with individuals outside the school, including other parents.
- c. You should not raise the matter with the boy himself, unless you have been advised that it is in order to do so.
- d. If the information is provided to you in writing, you should not keep the documentation in any place where another member of staff or a student might see it.

In the case of (2) above:

- a. You should remember that the Principal is ultimately responsible for the welfare of all the boys in the school. As such you have a responsibility to report significant information (which you feel is too sensitive with a House Director, Counsellor or Chaplain) to him.
- b. If the student requires a guarantee of confidentiality from you before sharing information with you, you should only provide such a guarantee with the proviso 'as long as the information does not involve danger to you or anyone else' or is not of an illegal nature.
- c. Consider the welfare and safety of the child before sharing or not disclosing information about a student. You should always endeavour to act in the best interests of the child.
- d. Consider why the student has shared the information with you. What is he expecting you to do? Frequently students share information with staff because they expect the staff to do something with the information.
- e. If you are in doubt about how to handle a situation you are advised to discuss it with a Counsellor, the Chaplain or the Deputy Principal (Pastoral) in confidence before deciding what to do.
- f. You should not discuss this information with any other member of staff or other students, unless specifically asked to.
- g. Under no circumstances should the situation be discussed, or the information shared with individuals outside the school, including other parents.

It may become apparent to you that a student in your care is receiving counselling but the person responsible for the counselling regards the reason for the boy seeing him to be of such a nature that they cannot advise you of the reason. In such circumstances you are asked to respect the student's right to privacy and to trust the Counsellors' professionalism in choosing not to share the information with you.

